

**MOOD AND BEHAVIOR RATING SCALE FOR YOUTH-PARENT FORM
(MBRSY-PF) Experimental Edition ©pending Perry & Bard (2005)**

Child's Name _____ Date of Birth _____

Today's Date _____ Child's Age _____ Race/Ethnicity _____ Gender _____

Parents'/Guardians' Names _____

Person Completing Rating Scale _____ Relationship to Child _____

DIRECTIONS: This booklet includes descriptions of moods and behaviors that youth may experience. Please notice that some items indicate that a mood or behavior is true sometimes or almost always. Read each item carefully and answer all items. Rate the degree that each item is true of the child using the scale below and circle a number for all items: 0 = Not True 1 = A Little Bit True 2 = Usually True 3 = Very True

Behavior and Emotions

1.	Is almost always hyperactive, active, impulsive, and inattentive.	0	1	2	3
2.	Becomes tense and anxious when separated from family members.	0	1	2	3
3.	Is usually oppositional and refuses to follow directions from parents and teachers.	0	1	2	3
4.	Sometimes has high opinion of self.	0	1	2	3
5.	Becomes so unhappy and lethargic that he/she has no interest in people or activities for most of the day and most days during 1 week or longer.	0	1	2	3
6.	Has times of presenting unpredictable, reckless behavior.	0	1	2	3
7.	Does not think before acting most of the time.	0	1	2	3
8.	Becomes so active that seems driven to carry out activities excessively.	0	1	2	3
9.	Often breaks rules and does not follow directions.	0	1	2	3
10.	Becomes very meticulous and perfectionist at times.	0	1	2	3
11.	Has temper tantrums that usually last for only several minutes.	0	1	2	3
12.	Sometimes is very sensitive and gets upset over minor issues.	0	1	2	3
13.	Does not seem to listen to directions.	0	1	2	3
14.	Has very big and quick changes in moods including too much happiness/sadness during the same day.	0	1	2	3
15.	Sometimes has accidents due to carelessness.	0	1	2	3
16.	Gets very involved in activities such as hobbies a lot more than usual.	0	1	2	3
17.	Sometimes gets bossy and even tries to tell adults what to do.	0	1	2	3
18.	Has frequent temper outbursts or crying spells that cannot be controlled.	0	1	2	3
19.	Has sexually touched others' inappropriately.	0	1	2	3
20.	Becomes so upset and cannot be calmed down for hours.	0	1	2	3
21.	Has exaggerated sense of self-importance or high self-esteem at times.	0	1	2	3
22.	At times becomes too dependent on family members.	0	1	2	3
23.	Sometimes becomes very suddenly excited, happy, and high for no apparent reason and stays that way for 1 week or longer.	0	1	2	3

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24.	Becomes too fearful, tense and worried.	0	1	2	3
25.	Displays inappropriate laughter and silly behaviors.	0	1	2	3
26.	Can become aggressive and sometimes physically fights with others.	0	1	2	3
27.	Is usually distractible and does not finish things that had started doing.	0	1	2	3
28.	Becomes so irresponsible that gives away his/her things or spends too much money.	0	1	2	3
29.	As a child, played sex games with other children.	0	1	2	3
30.	Is almost always careless and has frequent accidents.	0	1	2	3
31.	Sometimes worries about family members more than other children.	0	1	2	3
32.	Usually cannot sit still and stay in seat when this is required..	0	1	2	3
33.	Displays negative reaction to changes in routine.	0	1	2	3
34.	Hurt self or attempted suicide.	0	1	2	3
35.	Has been noticeably unhappy and depressed for 1 year or longer.	0	1	2	3
36.	Behaves irresponsibly such as spending too much money or stealing.	0	1	2	3
37.	Has outbursts that can cause harm to self or others.	0	1	2	3
38.	Has sexually touched self in public.	0	1	2	3
39.	Displays a detached, uncaring attitude regarding expectations.	0	1	2	3
40.	Responds to correction or being told “no” with severe rages and temper tantrums.	0	1	2	3
41.	Sometimes performs reckless or dangerous activities for excitement, such as setting fires.	0	1	2	3
42.	Has temper tantrums that usually last for only several minutes.	0	1	2	3
43.	Gets very irritable at times such as becoming easily upset, cranky, negative, and rude.	0	1	2	3
44.	Has days, weeks, or months of good behavior, but then moods and behavior problems return.	0	1	2	3

Speech and Thinking

0 = Not True 1 = A Little Bit True 2 = Usually True 3 = Very True

1.	Talks too much and cannot be stopped or interrupted.	0	1	2	3
2.	Has trouble making decisions about what to do about very simple matters.	0	1	2	3
3.	Believes that he/she has special abilities, talents, or power.	0	1	2	3
4.	Talks about not liking self or having low self esteem.	0	1	2	3
5.	Annoys others at times by interrupting them when they are talking.	0	1	2	3
6.	Denies problems and need for help despite having very noticeable and negative changes in moods and behavior with distress.	0	1	2	3
7.	Seems unable to stop laughing and giggling for no apparent reason when others are not laughing.	0	1	2	3
8.	Thinks about religion, death, and dying at times.	0	1	2	3
9.	Talks so fast that speech is slurred and cannot be understood.	0	1	2	3
10.	Has paranoid thinking such as believing that others intend harm.	0	1	2	3
11.	Refuses to accept advice and believes that “my way is the only way”.	0	1	2	3
12.	Believes that other people can read his/her mind or control his/her thoughts.	0	1	2	3
13.	Reports racing thoughts or talks about many different topics quickly.	0	1	2	3
14.	Hears noises or voices that are not there or are not real.	0	1	2	3
15.	Sees things that are not there or are not real.	0	1	2	3

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16.	Sometimes talks very loudly.	0	1	2	3
17.	Sometimes makes decisions too quickly and carelessly about serious matters.	0	1	2	3
18.	Blames self for problems excessively.	0	1	2	3
19.	Talks about sexual topics inappropriately.	0	1	2	3
20.	Has times of not talking or having little interest in conversation.	0	1	2	3
21.	Blames others for problems and denies any responsibility for problems.	0	1	2	3
22.	Expresses ideas so fast that can't seem to say everything he/she is thinking and repeats words or ideas.	0	1	2	3
23.	Does not remember past behavior problems or temper outbursts.	0	1	2	3
24.	Believes that he/she is being punished when this is not true.	0	1	2	3
25.	Talks about hurting or killing self.	0	1	2	3

Physical and Medical Background**0 = Not True 1 = A Little Bit True 2 = Usually True 3 = Very True**

1.	Has times of high energy despite not sleeping the night before.	0	1	2	3
2.	Sometimes needs no more than 3 hours of sleep to feel rested and alert.	0	1	2	3
3.	Does not sleep for one night or more.	0	1	2	3
4.	Sleeps excessively and sometimes falls asleep during the daytime.	0	1	2	3
5.	Wakes up with night terrors involving crying and cannot be calmed down with no memory of night terror the next morning.	0	1	2	3
6.	Lays in bed for more than 30 minutes before falling asleep.	0	1	2	3
7.	Has times of being tired during the day after getting adequate sleep.	0	1	2	3
8.	It takes more than 10 minutes to get the child up from sleep in the morning.	0	1	2	3
9.	Almost always has high energy and hyperactivity.	0	1	2	3
10.	Has increased appetite and craves sweets or carbohydrates.	0	1	2	3
11.	Has lost or gained at least 10 pounds within a month.	0	1	2	3
12.	Has times of drinking too much water or other liquids.	0	1	2	3
13.	Seems to have a high sex drive and displays sexual behavior.	0	1	2	3
14.	Has responded to stimulant medication such as Ritalin with increased activity, excitement, or sleep problems.	0	1	2	3
15.	Use of alcohol and/or street drugs cause noticeable and long-term changes in mood.	0	1	2	3
16.	Has responded to antidepressant medication such as Prozac with increased activity, excitement, or sleep problems.	0	1	2	3
17.	Has responded to mood stabilizing medications such as Lithium with improved emotional control, behavior, and sleep.	0	1	2	3
18.	Medical conditions such as neurological diseases, head injuries, hyperthyroidism, and mononucleosis cause a noticeable and long-term change in moods.	0	1	2	3
19.	Medical conditions cause an unusual increase in high or depressed mood.	0	1	2	3
20.	Has reported that he/she can smell odors that others cannot smell.	0	1	2	3
21.	Has times of low energy and frequently feeling tired.	0	1	2	3
22.	Frequently complains about pain such as headaches.	0	1	2	3

Impairments and Distress**0 = Not true or no problems with no need for help.****1 = A Little Bit True or mild problems with little need for help.****2 = Usually true or noticeable problems with help needed.****3 = Very true or severe problems with immediate help or control needed.**

1.	Cannot focus attention or concentrate to complete tasks.	0	1	2	3
2.	Does not complete tasks due to working too quickly or slowly.	0	1	2	3
3.	Is too frequently absent or late for school, work, or other activities.	0	1	2	3
4.	Cannot take care of self for dressing, grooming, toilet use, etc.	0	1	2	3
5.	Cannot manage activities or daily living such as chores, sleeping, eating, shopping, etc.	0	1	2	3
6.	Cannot effectively communicate with others.	0	1	2	3
7.	Cannot get along with others children such as siblings and peers.	0	1	2	3
8.	Cannot get along with adults such as parents, teachers, and neighbors.	0	1	2	3
9.	Reacts to stress and problems with excessive anger, tantrums, aggression, and explosive behavior.	0	1	2	3
10.	Reacts to stress and problems with excessive worry, fear, withdrawal, sadness, and depression.	0	1	2	3
11.	Has talked about suicide or attempted suicide.	0	1	2	3
12.	Has failed major classes at school such as reading and math.	0	1	2	3
13.	Has been suspended or expelled from school.	0	1	2	3
14.	Has deliberately threatened, hurt, or harmed others at school.	0	1	2	3
15.	Has deliberately threatened, hurt, or harmed others at home.	0	1	2	3
16.	Has deliberately damaged property at home.	0	1	2	3
17.	Has run away from home overnight or stayed out all night.	0	1	2	3
18.	Sexual behavior has caused legal problems in community, school, or home.	0	1	2	3
19.	Has violated laws and was arrested or placed in a juvenile detention center.	0	1	2	3
20.	Requires very close supervision at home or school in order to avoid safety problems such as harming self or others.	0	1	2	3
21.	Has needed to be hospitalized due to possible harm to self or others.	0	1	2	3

Mood Changes

This section involves rating of changes in the child’s moods over at least the last 12 to 18 months. Please read all 7 items before completing this section since differences in severity are included for the same type of moods. Rate each item according to the degree that the mood change is true of the child using the scale below.

0=Not True 1= A Little Bit True 2=Usually True 3=Very True

- 1. Has times of feeling so high, happy, excited, and upset that he/she has severe problems sleeping, concentrating, thinking realistically, speaking clearly, stopping self from doing activities, or stopping self from being reckless. This very obvious change in mood causes severe impairments and distress with hospitalization often needed. 0 1 2 3

If true to some degree, how long does the high mood last?

- 1 to 6 days
- 7 days or more

If true, how many months or years has the high mood happened? _____

- 2. Has times of feeling high, happy, excited, and upset that you can notice, but do **not** cause such major problems as thinking unrealistically nor impairments and distress. 0 1 2 3

If true to some degree, how long does the high mood last?

- 1 to 3 days
- 4 days or more

If true, how many months or years has the high mood happened? _____

- 3. Has times of feeling so sad, unhappy, and irritable that he/she has a loss of energy, appetite, and interest in activities with problems sleeping, concentrating, and thinking realistically. This change in mood is very obvious and causes severe impairments and distress such as suicide risks. 0 1 2 3

If true to some degree, how long does the severely depressed mood last?

- 1 to 6 days
- 7 days or more

If true, how many months or years has the depressed mood happened? _____

- 4. Has times of feeling mildly depressed, unhappy, and irritable that you can notice but do **not** cause major problems, impairments, or distress. 0 1 2 3

If true to some degree, how long does the mildly depressed mood last?

- 1 to 3 days
- 4 days or more

If true, how many months or years has the depressed mood happened? _____

5. **During the same day**, has times of mixed moods, being both too high and upset as well as too unhappy and irritable to the extent that he/she has problems sleeping, concentrating, thinking realistically, and controlling self with severe impairments and distress. **0 1 2 3**
 If true, how long does the mixed mood last?
 1 to 6 days
 7 days or more
 If true, how many months or years has the mixed mood happened? _____
6. **For 1 year or more**, has many days of mixed feelings, being both too high and upset as well as too depressed and irritable, that you can notice but do **not** cause severe problems, impairments, or distress. **0 1 2 3**
7. The child have severe depression only during a specific season of the year. . . **0 1 2 3**
 If true to some degree, which season? __Spring __Summer __Fall __Winter

Developmental and Family Background

Please circle T for True or F for False to the items listed below.

1. During the pregnancy, mother used alcohol, street drugs, or medications. **T F**
2. During infancy, child had an active temperament with frequent crying. **T F**
3. Began to be hyperactive, impulsive, and inattentive **before** 7 years of age. **T F**
4. Began to be hyperactive, impulsive, and inattentive **after** 7 years of age. **T F**
5. Began bedwetting after having been toilet trained. **T F**
6. As a young child, had much better behavioral and emotional control than now. **T F**
7. Has failed to make the weight gains expected for age during medical exams. **T F**
8. Has experienced severe distress such as divorce or death of a close relative that triggered long-term mood changes such as depression beyond normal sadness. **T F**
9. Has been placed outside the home by child protective services due to abuse and/or depression disorders. **T F**
11. Biological grandparent(s), aunt(s), uncle(s), or cousin(s) have been diagnosed with bipolar and/or depression disorders. **T F**
12. Biological parent(s), brother(s), or sister(s) have been diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) and /or behavior problems. **T F**
13. Biological grandparent(s), aunt(s), uncle(s), or cousin(s) have been diagnosed Attention Deficit Hyperactivity Disorder (ADHD) and /or behavior problems. **T F**

14. Biological parent(s), brother(s), or sister(s) have attempted and/or committed suicide. **T F**
15. Biological grandparent(s), aunt(s), uncle(s), or cousin(s) have attempted and/or committed suicide. **T F**
16. Biological parent(s), brother(s), or sister(s) have abused or been dependent on alcohol and/or street drugs. **T F**
17. Biological grandparent(s), aunt(s), uncle(s), or cousin(s) have abused or been dependent on alcohol and/or street drugs. **T F**

Questions or comments about the use of this experimental edition of the MBRSY could be directed to Dr. Joseph D. Perry at (305) 899-3273 or jperry@mail.barry.edu