

MOOD AND BEHAVIOR RATING SCALE FOR YOUTH-TEACHER FORM
MBRSY-TF Experimental Edition ©pending Perry& Bard (2005)

Child's Name _____ Date of Birth _____

Today's Date _____ Child's Age _____ Gender _____ School Grade _____
 School _____

Distict/Building _____ Teacher _____

Person Completing this Scale _____ Position _____

How long have you known this child? _____ Hours per day with child _____

DIRECTIONS: This booklet includes descriptions of moods and behaviors that youth may experience. Please notice that some items indicate that a mood or behavior is true sometimes or almost always. Read each item carefully and answer all items. Rate the degree that each item is true of the child using the scale below and circle a number for all items: 0 = Not True 1 = A Little Bit True 2 = Usually True 3 = Very True

Behavior and Emotions

1.	Becomes so active that seems to have to carry out activities excessively.	0	1	2	3
2.	Is almost always hyperactive, active, impulsive, and inattentive.	0	1	2	3
3.	Sometimes has accidents due to carelessness.	0	1	2	3
4.	Is almost always careless and has frequent accidents.	0	1	2	3
5.	Sometimes performs reckless or dangerous activities for excitement.	0	1	2	3
6.	Sometimes has outbursts that can cause harm to self or others.	0	1	2	3
7.	Can become aggressive and sometimes physically fights with others.	0	1	2	3
8.	Sometimes behaves carelessly such as spending too much money.	0	1	2	3
9.	Often breaks rules and does not follow directions.	0	1	2	3
10.	Sometimes responds to correction or being told "no" with severe and unexpected rages or temper outbursts.	0	1	2	3
11.	Is usually oppositional and refuses to follow directions.	0	1	2	3
12.	Sometimes has temper tantrums that last for hours.	0	1	2	3
13.	Temper tantrums usually last for only several minutes.	0	1	2	3
14.	Gets very involved in activities such as projects a lot more than usual.	0	1	2	3
15.	Sometimes becomes very meticulous and perfectionistic.	0	1	2	3
16.	Sometimes gets bossy and even tries to tell adults what to do.	0	1	2	3
17.	Has sexually touched others' inappropriately.	0	1	2	3
18.	Often lies, cheats, or steals.	0	1	2	3
19.	Has hurt self or attempted suicide.	0	1	2	3
20.	Has sexually touched self in public in appropriately.	0	1	2	3
21.	Sometimes becomes so upset that cannot be calmed down for hours.	0	1	2	3
22.	Sometimes becomes so irresponsible that gives away or loses valuable possessions.	0	1	2	3
23.	Sometimes has very quick changes in moods during the same day including too much happiness or sadness for no apparent reason.	0	1	2	3

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24.	Gets very irritable at times such as becoming easily upset, cranky, negative, and rude for no apparent reason.	0	1	2	3
25.	Sometimes has temper outbursts or crying spells that cannot be controlled.	0	1	2	3
26.	Sometimes is so sad and lethargic that he/she has no interest in people or activities for most of the day and most days during 1 week or longer.	0	1	2	3
27.	Sometimes expresses worries about family members.	0	1	2	3
28.	Sometimes wants to go home to be with family members.	0	1	2	3
29.	Sometimes becomes too dependent and asks for help a lot.	0	1	2	3
30.	Sometimes becomes too fearful, tense and worried.	0	1	2	3
31.	Sometimes wears unusual clothing or changes hair style and/or color.	0	1	2	3
32.	Usually cannot sit still and/or stay in seat when this is expected at school.	0	1	2	3
33.	Sometimes has a very low frustration tolerance and gets upset easily when having even small problems.	0	1	2	3
34.	Sometimes has a detached, uncaring attitude regarding expectations.	0	1	2	3
35.	Is sometimes very sensitive and gets upset over minor issues.	0	1	2	3
36.	Sometimes has unrealistic self-confidence about school work.	0	1	2	3
37.	Sometimes has an exaggerated sense of self-importance or high self-esteem.	0	1	2	3
38.	Sometimes becomes silly and reckless for no apparent reason.	0	1	2	3
39.	Sometimes gets very upset when rules or routines are changed.	0	1	2	3
40.	Almost always is impulsive or does not think before acting.	0	1	2	3
41.	Has been noticeably unhappy and depressed for most days and most of the days of the school year.	0	1	2	3
42.	Is usually distractible and does not finish things that had started doing.	0	1	2	3
43.	Sometimes has high energy and becomes very suddenly excited and happy for no apparent reason and stays that way for 1 week or longer.	0	1	2	3
44.	Sometimes laughs or cries inappropriately for situations when peers are not showing these emotions.	0	1	2	3
45.	Sometimes has an increased appetite and craves sweets or carbohydrates.	0	1	2	3

Speech and Thinking

0=Not True 1=A Little Bit True 2= Usually True 3= Very True

1.	Sometimes talks too much and cannot be stopped or interrupted.	0	1	2	3
2.	Sometimes talks so fast that speech is slurred and cannot be understood at times.	0	1	2	3
3.	Reports racing thoughts and talks about many different topics quickly.	0	1	2	3
4.	Sometimes expresses ideas so fast that can't seem to say everything he/she is thinking and repeats words or ideas at times.	0	1	2	3
5.	Has times of not talking or having little interest in conversation.	0	1	2	3
6.	Has expressed belief that he/she has special abilities, talents, or power.	0	1	2	3
7.	Does not remember past behavior problems or temper outbursts.	0	1	2	3
8.	Has paranoid thinking such as believing that others intend harm.	0	1	2	3
9.	Sometimes believes that he/she should be punished.	0	1	2	3

10	Blames others for problems that he/she caused.	0	1	2	3
11	Has reported hearing noises or voices that are not there or are not real.	0	1	2	3
12	Sees things that are not there or are not real.	0	1	2	3
13	Talks about hurting or killing self.	0	1	2	3
14	Talks about not liking self or having low self-esteem.	0	1	2	3
15	Blames self for problems that he/she did not cause.	0	1	2	3
16	Sometimes talks about sexual topics inappropriately.	0	1	2	3
17	Has trouble making decisions about what to do for even simple matters.	0	1	2	3
18	Sometimes seems unable to stop laughing and giggling for no apparent reason when others are not laughing.	0	1	2	3
19	Has talked about death, dying, or religion.	0	1	2	3
20	Denies problems and need for help despite having very noticeable and negative changes in moods and behavior with distress.	0	1	2	3
21	Refuses to accept advice and believes that "my way is the only way".	0	1	2	3
22	Sometimes makes decisions too quickly and carelessly about serious matters.	0	1	2	3
23	Sometimes annoys others at times by interrupting them when they are talking.	0	1	2	3
24	Has expressed belief that other people can read his/her mind or control his/her thoughts.	0	1	2	3
25	Sometimes thinks that things will only get worse and feels hopeless.	0	1	2	3
26	Usually does not think before acting.	0	1	2	3
27	Has complained about smelling odors in a room that others cannot smell.	0	1	2	3

Impairments and Distress

Rate the degree that emotional and behavioral problems cause difficulties or distress for the child using the scale below.

0 = Not True or No Problems with no need for Help.

1 = A Little Bit True or Mild Problems with some need for Help.

2 = Usually true or Noticeable Problems with need for Help.

3 = Very True or Severe Problems with immediate need for Help and Control.

1.	Cannot focus attention or concentrate to complete tasks.	0	1	2	3
2.	Does not complete tasks due to working too quickly or slowly.	0	1	2	3
3.	Is too frequently absent or late for school, class, or other activities.	0	1	2	3
4.	Cannot take care of self for dressing, grooming, toilet use, etc.	0	1	2	3
5.	Cannot manage activities or daily living such as chores, sleeping, eating, shopping, etc.	0	1	2	3
6.	Cannot effectively communicate with others.	0	1	2	3
7.	Cannot get along with other students.	0	1	2	3
8.	Cannot get along with adults such as teachers and other school staff.	0	1	2	3
9.	Reacts to stress and problems with excessive anger, tantrums, aggression, and explosive behavior.	0	1	2	3
10.	Reacts to stress and problems with excessive worry, fear, withdrawal, sadness, and depression.	0	1	2	3
11.	Has talked about suicide or attempted suicide.	0	1	2	3

12.	Has failed major classes at school such as Reading, Math, or English.	0	1	2	3
13.	Has been suspended or expelled from school.	0	1	2	3
14.	Has deliberately threatened, hurt, or harmed others at school.	0	1	2	3
15.	Has deliberately threatened, hurt, or harmed others away from school.	0	1	2	3
16.	Has deliberately damaged property at school.	0	1	2	3
17.	Has left school without permission.	0	1	2	3
18.	Sexual behavior has caused legal problems in community, school, or home.	0	1	2	3
19.	Has violated laws and was arrested or placed in a juvenile detention center.	0	1	2	3
20.	Requires very close supervision at home or school in order to avoid safety problems such as harming self or others.	0	1	2	3
21.	Has needed to be hospitalized due to possible harm to self or others.	0	1	2	3

Mood Changes

This section involves rating of changes in the child’s moods that may have happened over time. If needed, please consult the parents or others who may know how long the mood changes have happened. Please read all 7 items before completing this section since differences in distress are included for the same type of moods. Rate each item according to the degree that the mood change is true of the child using the scale below.

0=Not True 1= A Little Bit True 2=Usually True 3=Very True

1. Has times of feeling so high, happy, excited, and upset that he/she has severe problems sleeping, concentrating, thinking realistically, speaking clearly, stopping self from doing activities, or stopping self from being reckless. This very obvious change in mood causes severe impairments and distress with hospitalization often needed to protect the child. 0 1 2 3

If true to some degree, how many days does the high mood last?

1 to 6 days

7 days or more

If true, how many months or years has the high mood happened? _____
2. Has times of feeling high, happy, excited, and upset that you can notice, but do **not** cause such major problems as thinking unrealistically nor impairments and distress. 0 1 2 3

If true to some degree, how many days does the high mood last?

1 to 3 days

4 days or more

If true, how many months or years has the high mood happened? _____

Mood Changes (Continued)

3. Has times of feeling so sad, unhappy, and irritable that he/she has a loss of energy, appetite, and interest in activities with problems sleeping, concentrating, and thinking realistically. This change in mood is very obvious and causes severe impairments and distress such as suicide risks. **0 1 2 3**

If true to some degree, how many days does the severely depressed mood last?

- 1 to 6 days
 7 days or more

If true, how many months or years has the depressed mood happened? _____

4. Has times of feeling mildly depressed, unhappy, and irritable that you can notice but do **not** cause major problems, impairments, or distress. **0 1 2 3**

If true to some degree, how many days does the mildly depressed mood last?

- 1 to 3 days
 4 days or more

If true, how many months or years has the depressed mood happened? _____

5. **During the same day**, has times of mixed moods, being both too high and upset as well as too unhappy and irritable to the extent that he/she has problems sleeping, concentrating, thinking realistically, and controlling self with severe impairments and distress. **0 1 2 3**

If true, how many days does the mixed mood last?

- 1 to 6 days
 7 days or more

If true, how many months or years has the mixed mood happened? _____

6. **For 1 year or more**, has many days of mixed feelings, being both too high and upset as well as too depressed and irritable, that you can notice but do **not** cause severe problems, impairments, or distress. **0 1 2 3**

If true to some degree, how many days does the mixed mood last?

- 1 to 6 days
 7 days or more

If true, how many years has the mixed mood happened? _____

7. The child have severe depression only during a specific season of the year. . . . **0 1 2 3**

If true to some degree, which season? __Spring __Summer __Fall __Winter

Questions or comments about the use of this experimental edition of the MBRSY could be directed to Dr. Joseph D. Perry at (305) 899-3273 or jperry@mail.barry.edu