









Follow Directions

1. Listen to the directions. 
2. If you do not understand, ask a question politely. ?
3. Do it! 

Stay on Task

1. Look at the task. 
2. Think about the task. 
3. If you do not understand, ask a question politely. ?
3. Do it! 

Treat Others Nicely

1. Speak with a polite voice. 
2. Use kind words. 
3. Use polite body language. 

Source: Otten, K.L. (2003). *An analysis of a classwide self-monitoring approach to improve the behavior of elementary students with severe emotional and behavioral disorders*. Unpublished dissertation, University of Kansas, Lawrence.